

**BREAKFAST (All Day Weekdays, till 11.30 Saturday)**

SOURDOUGH TOAST (White, Grain GF 2) 8

OAT PORRIDGE w. Cinnamon Apple. Brown Sugar 18

BUTTERMILK PANCAKES w. Berries, Mascarpone, Maple Syrup Full 24 Half 16

FRIED EGG BUN w. Tomato Relish + Rocket w. Bacon OR Haloumi 18

HARISSA FRIED EGGS + Yoghurt, Dill & Sourdough 20

AVOCADO TOAST w. Feta. Dill. Mint. Grain Sourdough 20

BREAKFAST PLATE w. Avo. Israeli Salad. Feta. Boiled Egg. Crisp Chickpea. 22

EGGS on Toast | Poached or Scrambled (2 Eggs, 1.5 Toast) 16

Half Serve (1 Egg, 1 Toast) 12

SIDES

Bacon 8 | Salmon 8 | Avocado 6 | Mushroom 6 | Chili Marinated Feta 4

Pickled Cabbage 4 | Tomato (Fresh|Cooked 5 | Tomato Relish 4 | Extra Egg 3

**LUNCH (From 11.30)**

SMOKED TROUT SALAD w Soft Boiled Egg, Crisp Kipfler, Capers 26

PUMPKIN SALAD w Crisp Chickpea, Pickled Cabbage, Tahini, Greens 24

Tumeric CHICKEN SALAD w. Peanut. Cucumber, Iceberg, Slaw, Coriander 24

GRILLED SARDINES on Sourdough w. Tomato Ragu, Pesto 20

POACHED CHICKEN SANDWICH w Dill Citrus Aioli + Cos 19

SMOKED SALMON on Rye w. Pickle, Capers, Pickled Red Onion, Ricotta 22

CHICKEN + LEEK PIE w Rocket Parmesan Salad 20

FRIED CHICKEN BURGER w Slaw + Hot Aioli 22

FISH BURGER w. Cheddar, Lemon Tartare, Iceberg 22

FRIES Side 5 | Bowl 10

10% SURCHARGE SATURDAY AND SUNDAY

15% SURCHARGE PUBLIC HOLIDAYS



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**DRINKS**

COLD PRESSED JUICE

DAILY GREEN Celery, Silverbeet, Pear, Apple, Lemon, Ginger 9

WATERMELON Watermelon, Apple, Strawberry, Lime 9

HEARTBEET Beetroot, Carrot, Apple, Ginger, Lime 9

SUBLIME PINE Pineapple, Apple, Pear, Lemon, Mint 9

ORANGE 9

COLD DRINKS

Coke - Regular, No Sugar 5

Organic Lemon, Ginger Beer , Grapefruit 5

Sparkling Water 250ml 5 / 500ml 8

ICED DRINKS

Iced Coffee / Chocolate 8

Milkshakes 8
Belgium Chocolate, Vanilla Bean, Strawberry

COFFEE / TEA

Coffee, Chai, Hot Chocolate Reg 4.5 / Lge 5

Soy, Almond, Oat, Lactose Free, Decaf 0.5

Baby Cino 1.5

English, Earl, Chamomile, Peppermint, Green, Lemongrass 4.5

Prana Chai 5

**KIDS**

EGG w Toast 12 Add Avo 4| Bacon 4

Pancakes w Maple Syrup 12

Cheese + Tomato Toastie 9

Avo fingers 8

Milkshake - Choc. Strawberry. Vanilla 6

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HEARTBEET Beetroot, Carrot, Apple, Ginger, Lime 9

SUBLIME PINE Pineapple, Apple, Pear, Lemon, Mint 9

ORANGE 9

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Organic Lemon, Ginger Beer , Grapefruit 5

Sparkling Water 250ml 5 / 500ml 8

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Belgium Chocolate, Vanilla Bean, Strawberry

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Baby Cino 1.5

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Prana Chai 5

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